

# EVOLVE

A 6 MONTH BESPOKE PROGRAMME OF CAREER COACHING INCORPORATING COMPREHENSIVE PRACTICAL AND EMOTIONAL SUPPORT.



Senior leaders will benefit from 1-1 career coaching with one of our executive coaches who we match to the needs of the individual. There will be a strong focus, over a 6 month period on long-term goals, building confidence and targeting the next career opportunity.

The sessions will cover:

- 'World of work' dynamics
- Embracing personal reality and creating future opportunities
- Analysis of options and preferences
- The power of networking
- Creating a CV master and refining for target audience
- Route to future opportunities including Executive Search agencies
- Developing a personal marketing strategy
- Interview coaching support, building confidence and thriving on challenging questions
- Negotiating your package
- Producing a personal strategy and credibility for successful integration into the next role
- Drafting the first 90 day plan
- Using resilience to enhance performance and wellbeing

Full email and phone support are maintained throughout.